

HERTFORDSHIRE

FAMILY SAFEGUARDING



Hertfordshire have redesigned their child protection services to high risk families by bringing together children's social workers with specialists in adult mental health, domestic abuse and substance misuse. The integrated support has helped to reduce the numbers of children coming into care and costs across public services.



280 staff worked with adults and children in

940 families of which

44% were experiencing domestic abuse.

REDUCTION IN:



From reduced cases and child protection allocations in the first 12 months alone:

Estimated cost saving to children's services

£2.6m

As a result of the project, across Hertfordshire the average number of days children spent in care more than halved

Social worker demonstrated high level of skill in collaboration, purposefulness, clarity of concern and child focus. It was noted that the social worker 'actively draws on parents' ideas about how to sustain positive changes and consider the impact of positive changes.

Summary of visit observation

EALING

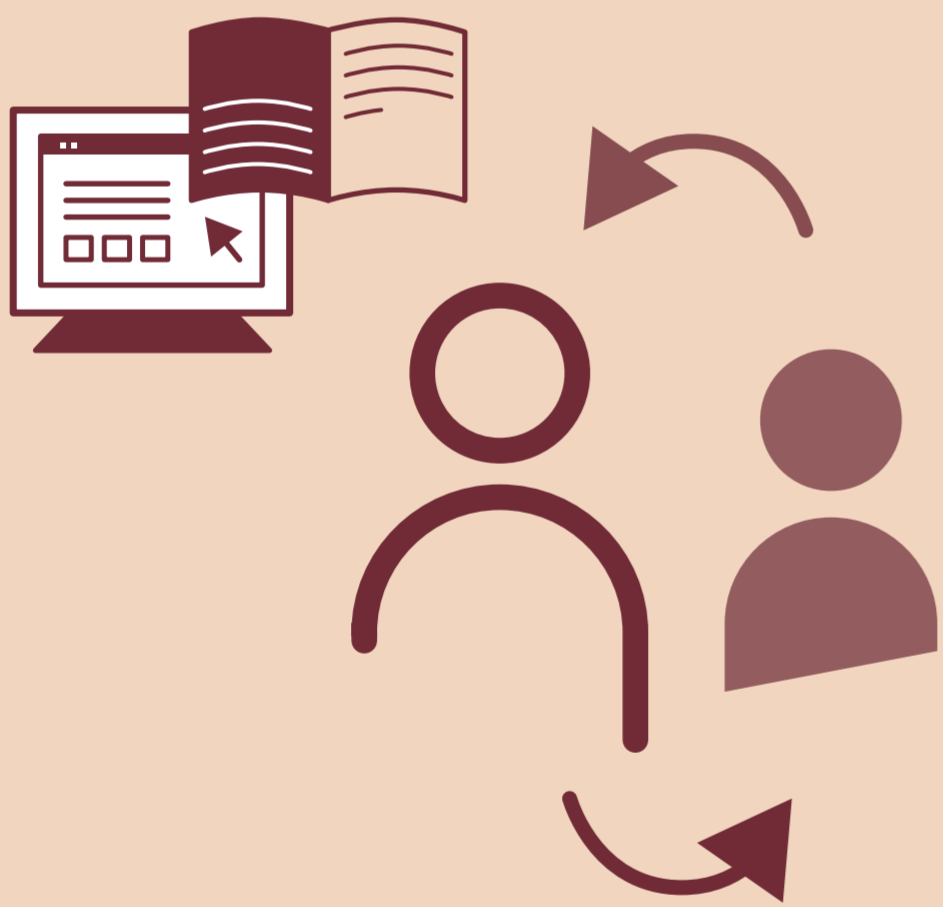
BRIGHTER FUTURES



The Brighter Futures model enables workers to build effective, consistent relationships with young people, families, communities and carers to bring about sustained change.



9 young people moved out of residential placements during the pilot



Foster carers report that the training has improved their interactions with their foster children and their ability to prevent situations escalating into crisis.

...with associated cost avoidance of around

£800k

“

In this approach you've got the benefit of going to people from other disciplines and you kind of get the wealth of all of their knowledge. Historically I kind of was solo working for most of my cases so it was quite easy to get stuck or keep trying the same things, whereas I think I always get a fresh look at the case [in group supervision] which I find massively valuable.”

Lead professional

LEEDS

FAMILY VALUED



Taking a restorative practice approach to put the family back at the heart of children's social care. Leeds' restorative-based, early help and prevention work on a 'whole system' scale offers the potential for a sustainable cost effective approach to changing long-term patterns.

10k

PRACTITIONERS

across the children's workforce and beyond trained in restorative practice



13%

REDUCTION IN THE FIRST YEAR

PER FAMILY



SAVES
£755

Estimated savings following Family Group Conferencing, as a consequence of reduced average time spent in the social care system (from 34 weeks to 24 weeks)

“We feel involved in the process of creating our family plan”

100%
of families surveyed in 2016

“

The old model was social workers taking control within families, dictating what needs to change, a more dictatorial model. Some workers still adopt that approach, so the family becomes very dependent on the worker and other support services, and families go through the motions rather than think for themselves. They will do what they are told to get the social worker off their back, and then can't sustain it.”

Social Worker

STOCKPORT

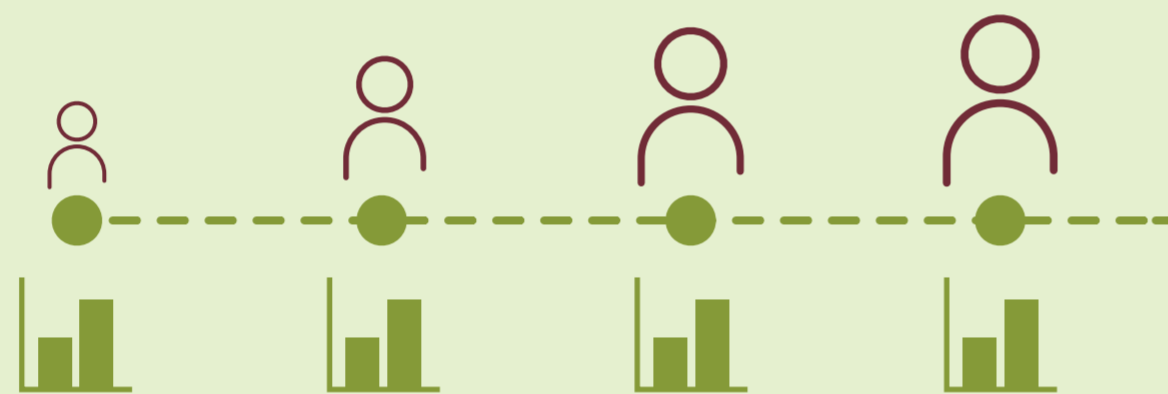
STOCKPORT FAMILY



Stockport were awarded £3m to integrate social workers with the wider children's workforce, including health colleagues, locating these teams in the heart of communities, linked closely with schools. This new Stockport Family model was underpinned by restorative practice, helping families to deal with conflict and challenge and repair relationships.

Services for children have improved at every stage of the child's journey. Good social work practice is now in place across all children's services in Stockport... Social work practice is consistently strong. Workers know children well, and effective partnership working and a wide range of services, including an extensive range of early-help support, are available to help and protect children.

Ofsted 2017



PROJECTED COST SAVINGS

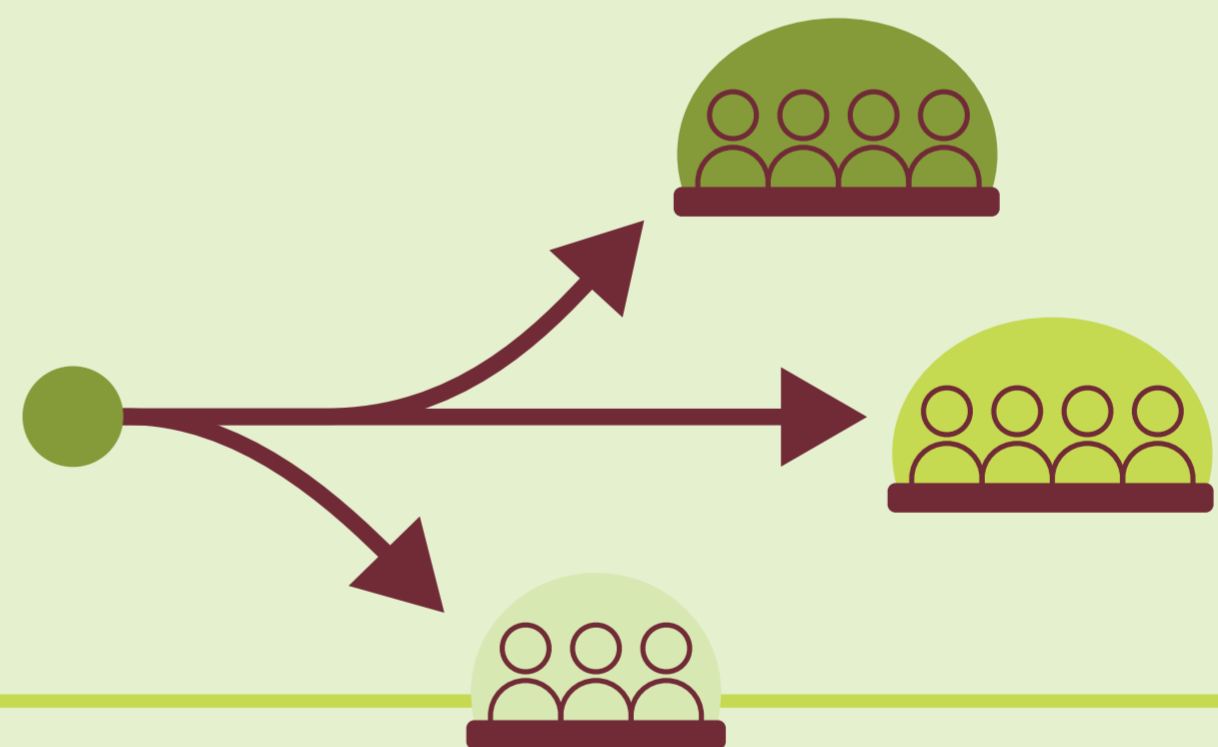
to Stockport Family
model's looked after
children budget in
2016/17

£1.2m

Co-location and restructuring of teams
around 3 localities in Stockport resulted in

IMPROVED COMMUNICATION AND CO-OPERATION WITHIN STOCKPORT

allowing professionals and families to draw
upon the right intervention, specialist
knowledge and skills when needed



“

Our experience has been fantastic, very supportive. They help me to bring the best out in my child... like skills and learning new approaches. As a mum you just go on doing what you think is best but knowing the special skills that they teach me - that's been a great help.”

Family interview

NORTH EAST LINCOLNSHIRE

CREATING STRONGER COMMUNITIES



The 'Creating Stronger Communities' model adapts the way local practitioners and partners work together to safeguard children. This approach has helped support a reduction in the number of individuals and families requiring intensive support.

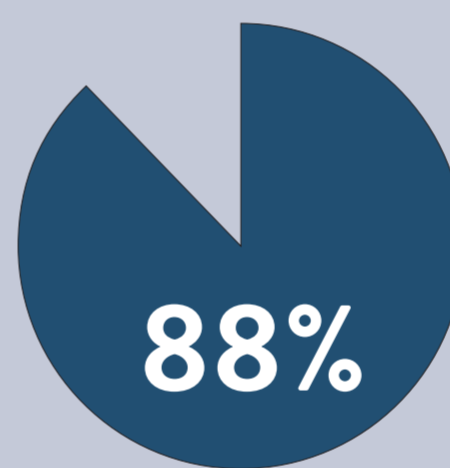


COST SAVING ACROSS 20 FAMILY GROUP CONFERENCES

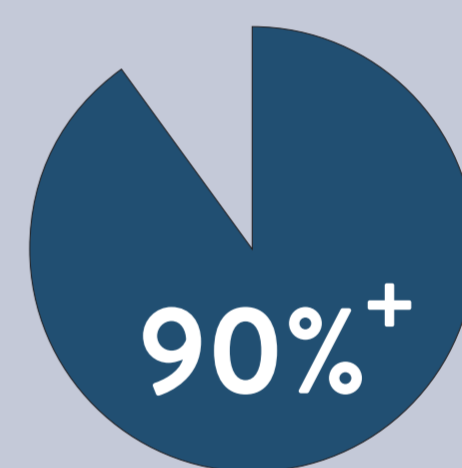
There is evidence of a saving of £18.20 for every £1 spent



OF STAFF TRAINED



Actively use restorative practice to implement change.



Indicated that the application of signs of safety generated clear benefits in the way they worked with families.

“ I believe that the training has enabled me to see the person first before the task or issue at hand. As a result, I believe that I am a more effective leader.”

Restorative Practice staff member

PROJECT CREWE



A 'pod' model of support for children in need in Crewe, focusing on families experiencing neglect, domestic abuse, mental ill-health and substance abuse.



Early indications suggest Project Crewe decreases risk

It increases protective factors around the CIN more than for those families in the control group.



Project Crewe families were **visited 3x more frequently** and offered personalised flexible support



Project Crewe pilot **closed more child in need cases** than the cases which remained with Cheshire East Council



to replicate and scale Project Crewe's model of providing targeted support to children in need.

“ The solutions-focused approach to child in need meetings has had some really positive feedback in engaging parents who've refused to engage previously: they found the sessions really empowering.”

Family Practitioner

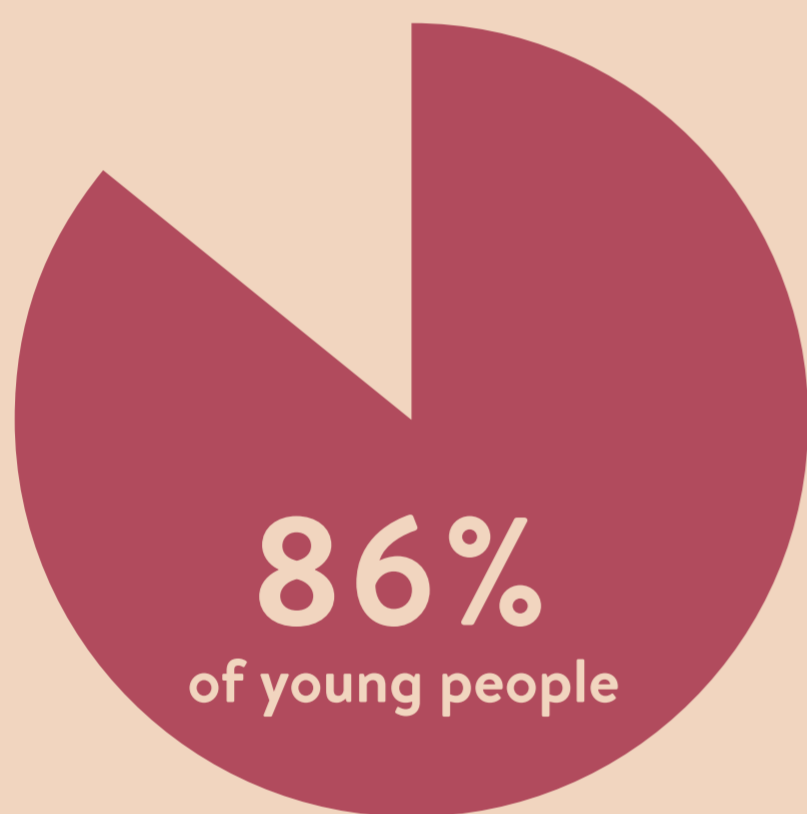
NORTH YORKSHIRE

NO WRONG DOOR



Flexible residential and edge of care support for complex adolescents. Under the principles of 'no child is unfosterable' and 'no move until it's the right move', No Wrong Door creates bespoke plans in collaboration with the young person to support stability at home or in care.

No Wrong Door has demonstrated savings in the first 12 months



referred to No Wrong Door remained out of care and were supported in their own families

1/4 NEET young people entering No Wrong Door...



...went on to engage in education, employment or training



“ Knowing that the staff will be there after I have turned 18 makes a big difference and I know they will be because I have seen it happen with others.”

Young person

WIGAN COUNCIL

SPECIALIST HEALTH AND RESILIENT ENVIRONMENT (SHARE)

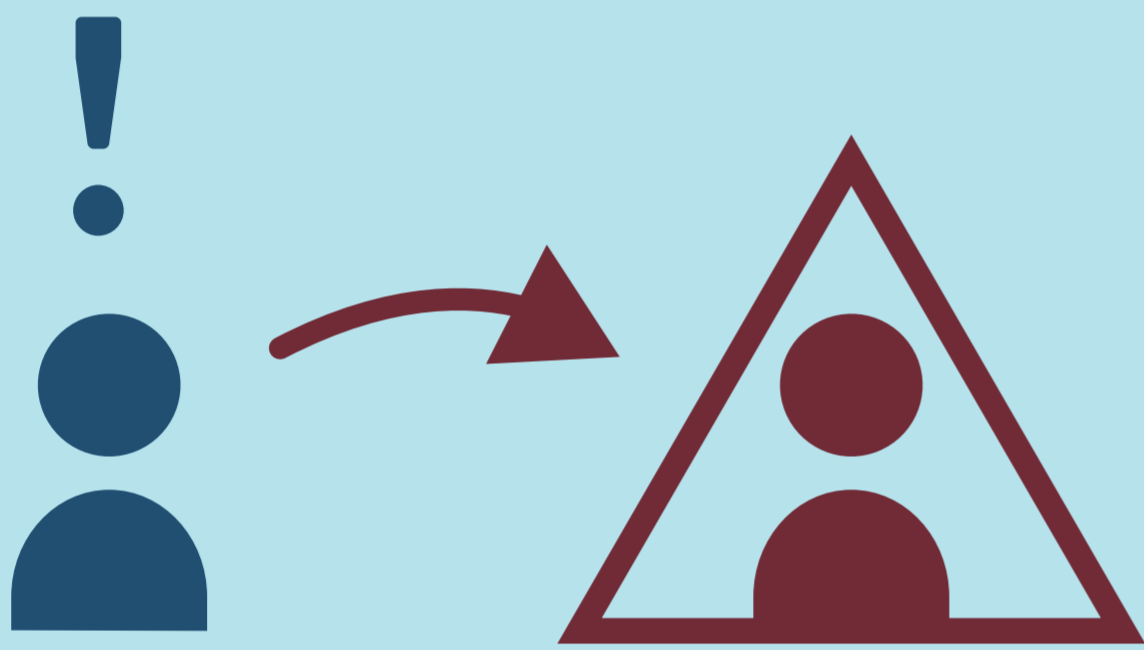


Finding alternatives to high cost and secure accommodation for victims of, or those at risk of, child sexual exploitation, to improve outcomes for those young people and their families.



Only 2 out of 19 judged to be at risk of becoming looked after (LAC) by the local authority...

...became LAC



Only 7 out of 37

young people at risk of requiring respite or planned short term breaks

became CIN during SHARE

For every £1 invested in SHARE



Potentially saved

“ There’s always somebody to ring. I can always ring her and say ‘something’s happened, what do you suggest I do?’”

Parent

WIGAN AND ROCHDALE COUNCIL

ACHIEVING CHANGE TOGETHER (ACT)

Working with young people to co-design social-care responses to child sexual exploitation.

Wigan Council



ACT have provided intensive early support to 25 young people



KEY RISK FACTORS HAVE BEEN REDUCED FOR MANY OF THE YOUNG PEOPLE

INCLUDING:

- ! Awareness of risks
- ! Association with risky peers or adults
- ! Sexual health
- ! Missing episodes
- ! Relationships with parents or carers

POTENTIAL SAVINGS

through reduced and avoided accommodation costs as more young people remain at home, or in stable placements in communities

£1.6m

“ This case demonstrates the strength of the relationship with the ACT worker. She can say stuff I can't. Their relationship is safe and trusting.”

Social Worker

ST CHRISTOPHER'S

SAFE STEPS

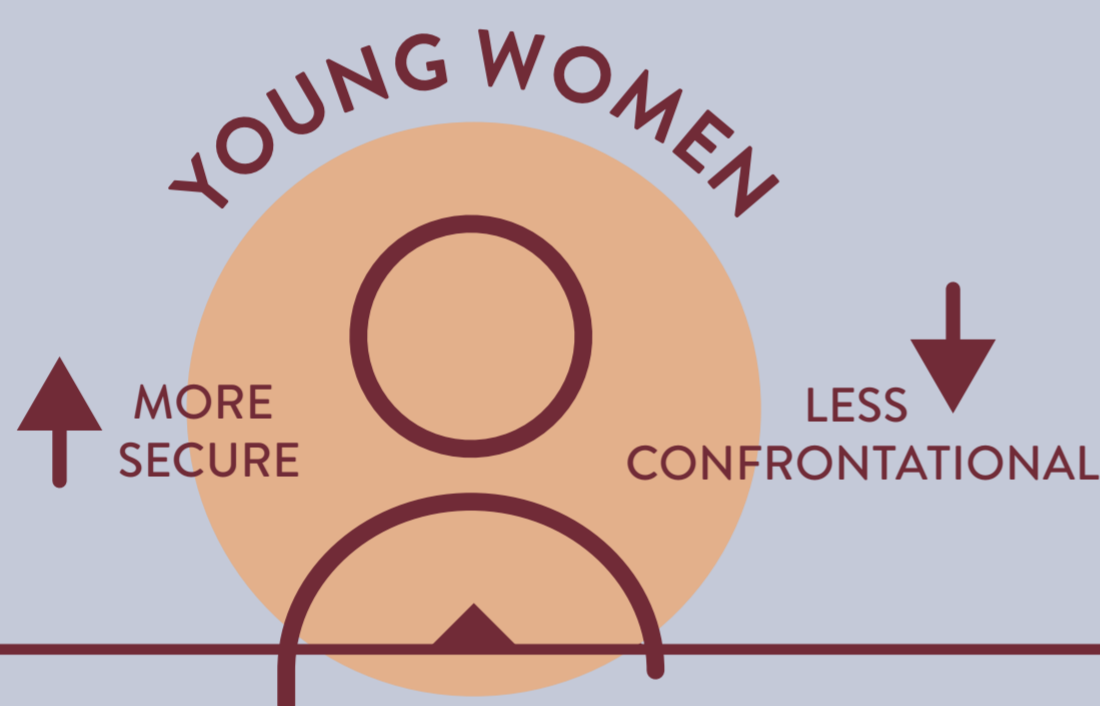
Developing a flexible, high-supervision model of accommodation for looked-after girls at risk of sexual exploitation in London.



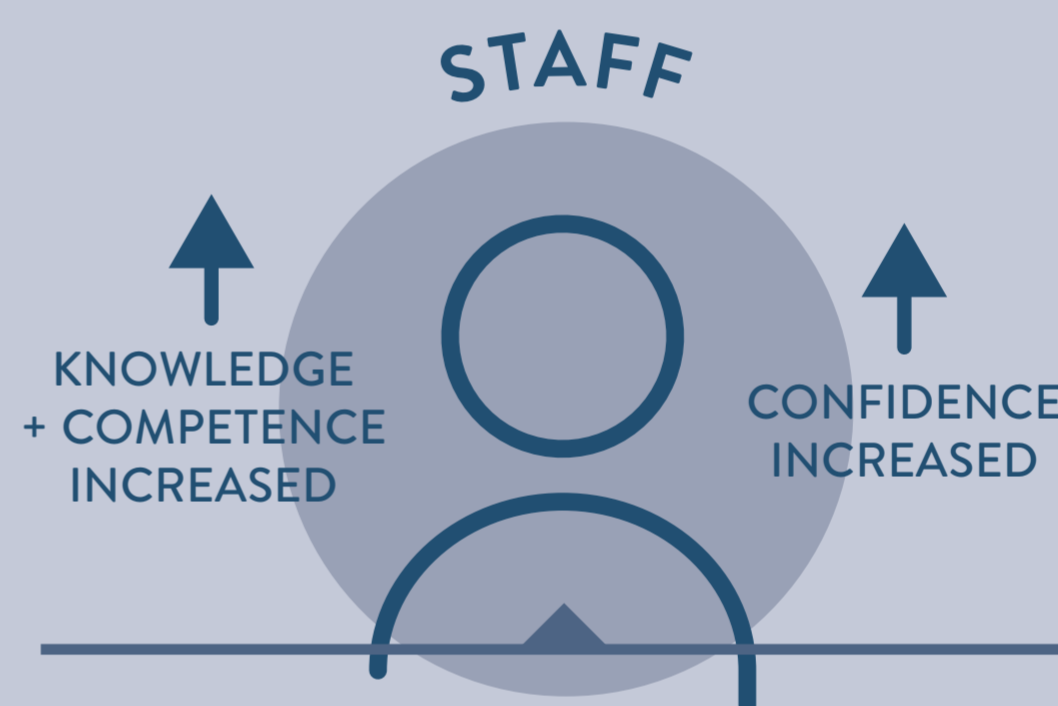
Over the 2 year period the adapted children's home has worked with

15 young people

and all but 4 maintain contact with the home and have requested additional support on occasions



As relationships with staff have developed, some of the young women have become more secure and less confrontational. This is reflected in a decline in the frequency of 'incidents' (involving actual or potential harm to self or others) over the duration of their stay in Safe Steps.



Staff knowledge and competence has increased, and staff have grown in confidence in their ability to make a positive difference to the young women using the service.

“Overall I think the pilot is empowering young women. Those that have left have a greater awareness of the risks of CSE, grooming and unhealthy exploitative relationships. They also feel listened to and believed which for some may be the first time they have experienced this.”

Residential Worker

DONCASTER CHILDREN'S SERVICES TRUST

GROWING FUTURES



Improving the outcomes of families, and particularly children and young people, who have experienced domestic violence and abuse.



Domestic Abuse Navigators have supported:



Doncaster Children's Services Trust has been highly effective in developing a culture for good social work to flourish. Inspectors saw a commitment to deliver high-quality services from everybody they met.

Ofsted 2018

7 LOCALITIES ACROSS ENGLAND

PAUSE



Reducing the number of children being removed into care by intervening with women who have experienced, or are at risk of, repeat removals of children from their care.

REDUCTION IN



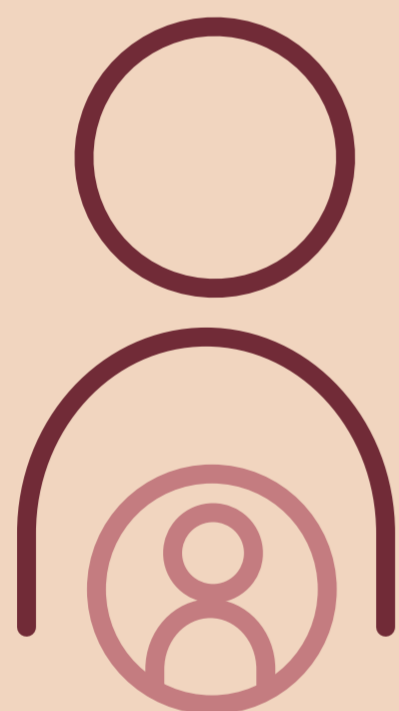
31% of those who had been drinking alcohol at high risk levels had reduced their consumption to safer levels.



27% of those who had been experiencing problematic Class A substance misuse were no longer using Class A substances.



46% of women reported that no further incidents had taken place during the final months of the evaluation.



Between 21-36 pregnancies avoided in the programme

Given the women's histories, these pregnancies would have been more likely to have resulted in removals.

ESTIMATED COST SAVINGS

Per year after the 18-month intervention period

UP TO £2m

“

With Pause, it's all about the individual woman. The programme is designed to fit around her needs. This individual, woman-focused approach looks at the unique needs that will help her achieve her desired outcomes.”

Lindsay, Pause Practitioner

THE FOSTERING NETWORK MOCKINGBIRD PROGRAMME



An innovative method of delivering foster care using the Mockingbird Family Model. This extended family model provides respite care, peer support, regular joint planning and training, and social activities.

286

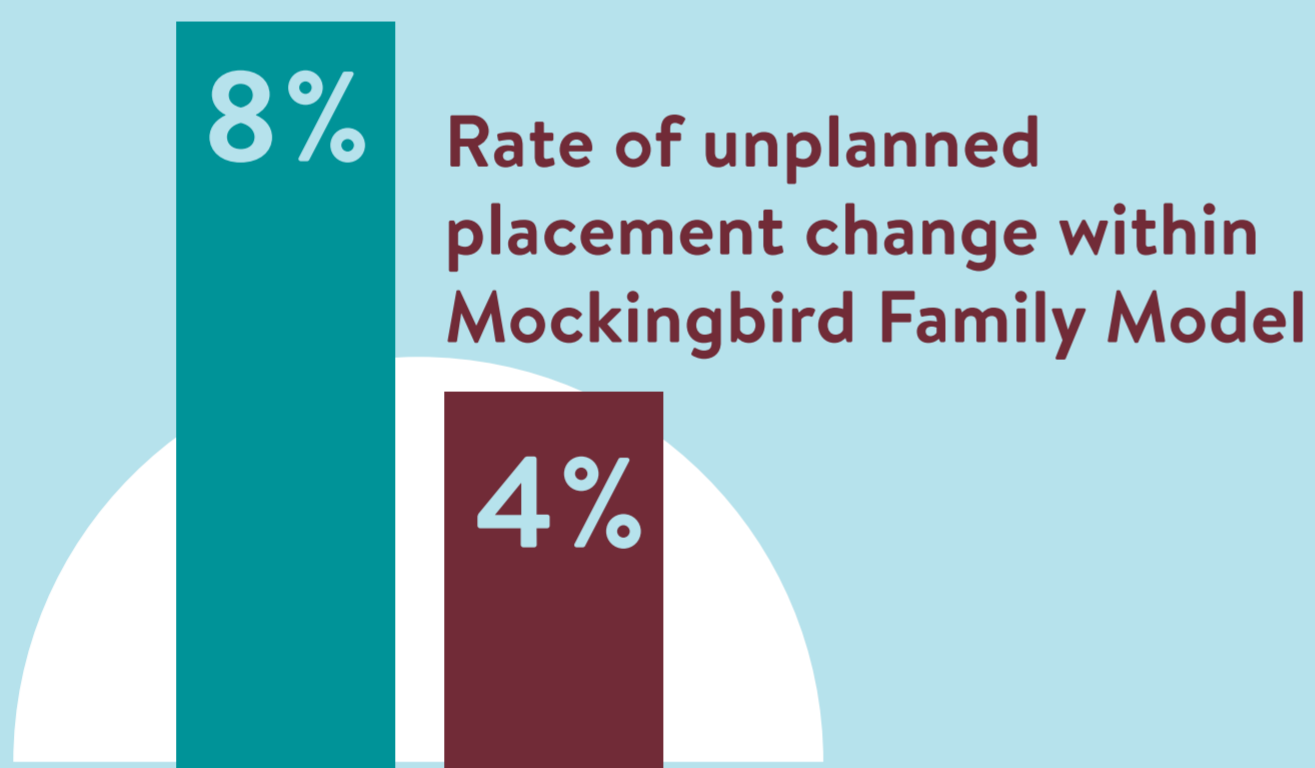
CHILDREN AND
YOUNG PEOPLE
LIVING WITH

155

FOSTERING
FAMILIES



NATIONALLY



8% Rate of unplanned placement change within Mockingbird Family Model

4%



All foster carers continued to foster
vs 6% foster carers who cease to foster nationally

“ If it wasn't for Mockingbird Family Model, I wouldn't be a foster carer now.”

Foster Carer